



## 10A Class Newsletter

Autumn 1



### My Communication

Within English this term we are looking at postcards, and friends and family. Please can you send in any family photos so that your child can make themselves a family tree. If you have any postcards from the summer holidays which you no longer want, please can you consider donating these to class too.

We will be focusing mainly this term on sentence structure and rereading our own writing to communicate to others.



### My Thinking and Problem Solving

For our maths this term we are looking at shape. This will include shape in everyday life and position of shapes. Please can I encourage you to discuss what shapes you can see within your home, for example 'the clock is a circle'. We will also be looking at general number work of addition and subtraction.

Science this term will be taught by Miss Troughton, she is my planning time cover staff. She knows the pupils well and has worked with them several times. Science will be working towards AQA unit awards. The unit this term is 'The Human Body' looking at the different body parts and their functions.



### ASDAN

As part of our year 10 and 11 Curriculum we work towards an ASDAN accreditation, this term our unit will look at managing social relationships – looking at our body language and tone of voice when communicating with others. Our second unit is Healthy Living, pupils will look at what they do in their lifestyle which is healthy and what they do which is unhealthy. They will make a choice of which habit they would like to improve and practice this over a 4wk period. They will then consider how this has contributed to their healthier lifestyle. I have arranged for some pupils if they choose to, to attend All Seasons Leisure Centre Gym as part of their practice of living a healthier lifestyle, other activities may be to drink more water, completing a diary; a mile a day; bootcamp; brushing teeth after lunch etc... Where possible I will be using the ASDAN Healthy Living unit to work towards the 'physical' element of the Duke of Edinburgh Award.



### My Community

In My Community, we will be growing our independence in travel around the school and local community. I am going to be splitting the class into two groups and they will take it in turns to go into the local community. When we attend the community, pupils are able to use their own money to access snacks and drinks in local cafes. We cap spending money at £3.



## Things to remember

On Friday 22<sup>nd</sup> September Mrs Powell has arranged for a small number of pupils to access Preston College for a look around. I have spoken to the relevant pupils about this and would encourage them to look at the college as a potential future place even if they have already got somewhere in mind.

Whilst I am talking about colleges, please can I encourage you all to attend our college information event on 27<sup>th</sup> September. This is where staff give open an honest information about the local mainstream colleges (with foundation learning departments) to help best inform you of their offer. I would also like to suggest that you begin to look around the colleges when they advertise open evenings. It is never too early to start thinking about the next steps.



## Me and My body

PE is on Thursdays this so pupils need to come to school in their PE kit.

This term we are learning to play Hockey

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## How can you help at home?

There are lots of ways to support your child's learning at home. Have a look at the suggestions below for some ideas:

- ✓ Provide opportunities for your child to complete jobs around the home
- ✓ Where possible please share photos or a statement about your child's weekend to share as part of our weekend news.



## Home-School Communication

Home-school communication is important to us and helps us to support your child the best that we can. Here are some different ways to keep in touch...

- ✓ Writing in the home-school diary
- ✓ Emailing me at [tolanr@astleypark.lancs.sch.uk](mailto:tolanr@astleypark.lancs.sch.uk)
- ✓ Coming into school for parents evening and sharing our learning sessions
- ✓ Commenting on your child's Evidence for Learning posts